### COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH

# FACT SHEET

APPROVAL OF A DEPARTMENT OF MENTAL HEALTH AMENDMENT TO AN AFFILIATION AGREEMENT WITH THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES, TO IMPLEMENT THE MENTAL HEALTH SERVICES ACT PROFESSIONAL DEVELOPMENT AND CONSULTATION PROGRAM FOR FISCAL YEAR 2007-08

(ALL SUPERVISORIAL DISTRICTS)

(3 VOTES)

### REQUEST

- Approve and instruct the Director of Mental Health or his designee to prepare and execute a Department of Mental Health (DMH) Amendment to an Affiliation Agreement (Agreement) with the Regents of the University of California, Los Angeles, (UCLA) for the development and implementation of the Mental Health Services Act (MHSA) Professional Development and Consultation Program for Co-Occurring Mental Health and Substance Abuse Disorders (COD) and Human Immunodeficiency Virus/ Acquired Immune Deficiency Syndrome (HIV/AIDS) Recommended Care for transition age youth (TAY) (16-25), adults (26-59), and older adults (60+) for Fiscal Year (FY) 2007-08. The amount of the Amendment will be \$500,000, totally funded with one-time only MHSA Community Services and Supports (CSS) funds for FY 2007-08. The Amendment will be effective upon Board approval through June 30, 2008, and will establish a new Agreement Maximum Contract Amount (MCA) of \$5,150,218 for FY 2007-08.
- 2. Delegate authority to the Director of Mental Health or his designee to prepare and execute future amendments to this Agreement and establish as a new MCA the aggregate of the original Agreement and all amendments through and including this Amendment, provided that: 1) the County's total payments to the contractor under this Agreement for FY 2007-08 shall not exceed an increase of 20 percent from the applicable revised MCA; 2) any such increase shall be used to provide additional services or to reflect program and/or policy changes; 3) the Board of Supervisors has appropriated sufficient funds for all changes; 4) approval of County Counsel and the Chief Executive Officer (CEO) or their designees is obtained prior to any such Amendment; and 5) the Director of Mental Health shall notify the CEO's office after the execution of this Amendment.

#### PURPOSE/JUSTIFICATION

In keeping with DMH's MHSA CSS Plan and the need for integrated treatment for persons with COD and/or HIV/AIDS, Board approval is requested to execute an

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Amendment with UCLA to implement a coordinated and integrated Professional Development and Consultation Program for TAY, adults, and older adults with COD and/or HIV/AIDS. The Amendment reflects the MHSA Stakeholders' recommendations included in the MHSA CSS Plan, which was approved by your Board on October 11, 2005. The comprehensive COD and HIV/AIDS curriculum will include integrated training for mental health and substance abuse treatment personnel working in directly-operated and contracted programs and will focus on nationally recognized recommended care, including evidence-based and unique, innovative approaches to prevention and treatment of COD and HIV/AIDS.

## BACKGROUND

The Professional Development and Consultation Program for COD and HIV/AIDS Recommended Care will offer a comprehensive curriculum that includes intensive training for mental health and substance abuse treatment personnel working in, at minimum, 13 directly-operated clinics, eight (8) Wellness Centers, and eight (8) Full Services Partnership programs. Concentration will be on best practices and recommended care, including evidence-based and unique, innovative approaches in the screening, assessment, treatment, and ongoing recovery of consumers affected by COD and/or HIV/AIDS.

COD and HIV/AIDS core treatment competency skills will be developed and maintained countywide by providing intensive ongoing training and consultation for staff, including coaching, supervised practicum experiences, and ongoing on-site consultation by experts in the field. Trainers from organizations that are within and outside the DMH system and who have knowledge and experience working with persons with COD and/or HIV/AIDS, specifically with ethnic and racial minority populations that currently do not access DMH services, will be utilized.

UCLA is a well-recognized academic organization that is in good standing with DMH. This contractor has proposed to develop and implement the Professional Development and Consultation Program for COD and HIV/AIDS Recommended Care to ensure that mental health and substance abuse treatment personnel: (1) have expanded knowledge and understanding of COD and HIV/AIDS issues and treatment interventions; (2) conduct integrated screenings and assessments for COD and HIV/AIDS; (3) use brief intervention strategies for consumers with multiple needs; (4) develop additional skills in working effectively with ethnic and racial minority populations with COD and/or HIV/AIDS; and (5) develop and maintain COD and HIV/AIDS core treatment competency countywide by providing intensive ongoing trainings and consultation.

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There is no increase in net County cost. The FY 2007-08 total program cost is \$500,000, fully funded by one-time only MHSA CSS funds which are included in DMH's FY 2007-08 Final Adopted Budget.

# **DMH Contact:**

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